

# SMCC

## BEHAVIOR MANAGEMENT AND DISCIPLINE PLAN

### BEHAVIORAL APPROACH



GIVE CLEAR AND CONSISTENT AGE-APPROPRIATE LIMITS AND EXPECTATIONS

- A) Acknowledge the feelings or emotions behind the behavior
- C) Communicate the limit or boundary
- T) Target another choice - provide 2 choices or alternatives.

### STAFF REMINDERS



Response to behavior should be consistent within the goals and purposes of the program.

If you are feeling overwhelmed or need help, ask! Elevated caregivers cannot help elevated students! Ask for a break if you need it!

### Prohibited



Caregiver will not use any prohibited punishment methods (humiliation, frightening, physical harm, corporal punishment\*, mental and emotional cruelty\*)

### DISCIPLINE

When unacceptable behavior occurs, the first course of action is positive redirection, with the understanding that the child may return to an area or activity when they are able to use proper behavior.

Parent conferences will be held as deemed necessary or upon request. Individual behavioral and disciplinary plans will be developed with parent approval as deemed necessary.

Positive and gentle discipline techniques are available upon request to create consistent discipline techniques from school to home and back.

- CORPOAL PUNISHMENT INCLUDES: HITTING WITH THE HAND OR ANY IMPEMNT, SLAPPING, SWATTING, SHAKING, PULLING HAIR, YANKING THE ARM, EXCESSIVE EXERCISE, EXPOSURE TO EXTREME TEMPERATURES, AND ANY OTHER MEASURE THAT PRODUCES PHYSICAL PAIN ORR THREATENS THE CHILD'S HEALTH OR SAFETY.
- MENTAL AND EMOTIONAL CRUELTY INCLUDES: VERBAL ABUSE, THREATS, DEROGATORY REMARKS ABOUT THE CHILD OR THE CHILD'S FAMILY, STATEMENTS WHICH INTEND TO SHAME, HUMILIATE, OR FRIGHTEN THE CHILD, BINDING OR LYING THE CHILD TO RESTRICT MOVEMENTS, CONFINING THE CHILD TO A HIGH CHAIR, A PLAY YARD, A CRIB, CLOSET, LOCKED ROOM/AREA, OR SIMILAR ENCLOSURE, WITHHOLDING SNACK OR FORCING FOODS, TOILET USE, OR REST, AND PLACING SOAP OR ANY OTHER SUBSTANCES THAT STINGS, BURNS, OR HAS. ABITTER TASTE IN THE CHILD'S MOUTH, ON THE TONGUE, OR IN ANY OTHER PART OF THE CHILD'S BODY.
- SMCC CLASSROOMS MAY USE "CLIP CHARTS" AS A BEHAVIORAL TEACHING TOOL. THEY SHOULD NOT BE USED TO SHAME OR EMBARRASS ANY CHILD.